

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (previously presented) A nutritional supplement for lowering cholesterol and triglyceride levels in the blood stream of a subject, said nutritional supplement comprising: a ~~sterol ester of an omega-3 fatty acid~~, wherein said omega-3 fatty acid is selected from the group consisting of eicosapentaenoic acid 20:5 ω 3 (EPA), docosahexaenoic acid 22:6 ω 3 (DHA) and stearidonic acid 18:4 ω 3 (SA).

Claims 2-4 (cancelled)

5. (previously presented) The nutritional supplement according to claim 1, wherein the omega-3 fatty acid is eicosapentaenoic acid 20:5 ω 3 (EPA).

6. (previously presented) The nutritional supplement according to claim 1, wherein the omega-3 fatty acid is docosahexaenoic acid 22:6 ω 3 (DHA).

7. (previously presented) The nutritional supplement according to claim 1, wherein the sterol is stigmasterol.

8. (previously presented) The nutritional supplement according to claim 1, wherein the sterol is sitosterol.

9. (previously presented) The nutritional supplement according to claim 1, wherein the sterol is fucosterol.

10. (previously presented) The nutritional supplement according to claim 1, wherein the sterol is fucostanol.

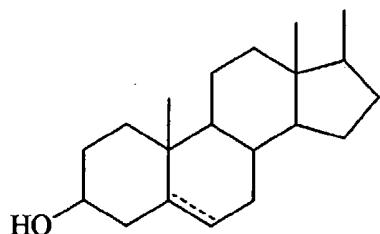
11. (previously presented) The nutritional supplement according to claim 1, wherein the sterol is β -sitostanol.

Claims 12-33 (cancelled)

34. (previously presented) The nutritional supplement according to claim 1, comprising a sterol ester of eicosapentaenoic acid 20:5 ω 3 (EPA) and a sterol ester of docosahexaenoic acid 22:6 ω 3 (DHA).

Claims 35-38 (cancelled)

39. (previously presented) The nutritional supplement of claim 1, wherein the sterol is



where the dashed line is a single or double bond and R is a (C₁-C₁₀) alkyl, substituted (C₁-C₁₀) alkyl, (C₂-C₁₀) alkenyl group or substituted (C₂-C₁₀) alkenyl group.

40. (new) The nutritional supplement according to claim 1, wherein the sterol is a phytosterol.